A **design pattern** in technology refers to a **reusable solution** for common problems in software design. [It provides best practices and heuristics that can be applied across different programming environments, aiding programmers in creating efficient and maintainable applications1](https://dev.to/javinpaul/my-favorite-free-courses-to-learn-design-patterns-in-depth-5dp5).

Here are **five free resources** where you can learn more about design patterns:

1. [**Java Design Patterns and Architecture**](https://www.scaler.com/topics/design-patterns/): This course covers over 20 design patterns from the famous Gang of Four (GoF) book, helping you enhance your Java programming skills[1](https://dev.to/javinpaul/my-favorite-free-courses-to-learn-design-patterns-in-depth-5dp5).
2. [**Design Patterns Tutorial by Scaler Topics**](https://www.scaler.com/topics/design-patterns/): A step-by-step guide to learning design patterns[2](https://www.scaler.com/topics/design-patterns/).
3. [**Master Pattern Making in Adobe Illustrator**](https://patternlab.london/home/project/pattern-making-adobe-illustrator/): If you’re interested in pattern design, this free course focuses on using Adobe Illustrator[3](https://patternlab.london/home/project/pattern-making-adobe-illustrator/).
4. [**AllFreeSewing**](https://www.allfreesewing.com/): Explore thousands of free sewing patterns for various projects, from coasters to skirts[4](https://www.allfreesewing.com/).
5. [**The Creative Curator**](https://www.thecreativecurator.com/): Learn sewing, pattern making, and fashion design through free tutorials and resources[5](https://www.thecreativecurator.com/).

Remember that design patterns are essential tools for software development, and understanding them can significantly improve your coding skills. Happy learning! 🌟